



Aging Mastery Program®

National Council on Aging

403 West Foster Street Port Washington, WI. 53074 262-284-5821

Green Bay, WI. – The Green Bay Packers Foundation presented 213 organizations with grants on Tuesday, Dec. 5, 2017. Locally, the Friends of the Port Washington Adult Community Senior Center were one of the recipients.

The Green Bay Packers Foundation has been giving back to Wisconsin’s communities since it was established in 1986 by Judge Robert J. Parins, then president of Green Bay Packers, Inc. “as a vehicle to assure continued contributions to charity.” It is a component of Green Bay Packers Give Back, the all-encompassing community outreach initiative.

The Friends of the Port Washington Adult Community Senior Center received a grant for the Aging Mastery Program. The Aging Mastery Program® (AMP) was developed by the National Council on Aging (NCOA) and has been successful at helping older adults build their own playbook for aging well. AMP is a fun, innovative, and person-centered education program that empowers participants to embrace their gift of longevity by spending more time each day doing things that are good for themselves and for others. The program encourages mastery—developing sustainable behaviors across many dimensions that lead to improved health, stronger economic security, enhanced well-being, and increased societal participation.

This grant from the Green Bay Packers Foundation will be utilized to create an impact with in the community in at least two ways. One, to continue to provide this program in Ozaukee County, rated by participants at 98% of receiving the education they were looking for from the program, at a cost effective course fee. Secondly, to utilize the Packer Foundation grant as a springboard for other grants and funding sources to sustain the program over the next 2 years.

For more information, contact Catherine Kiener, CPRP Director and Grant Administrator at 262-284-5821.

2018 AMP is funded in part by the Packers Foundation (#packersgiveback).

Ozaukee County local administration by:

